



(919) 567-3293

PRE-OPERATIVE INSTRUCTIONS

Before oral surgery and general anesthesia or IV sedation:

ONLY if prescribed by Dr. Mahar should you **take antibiotics 24 hours prior to surgery**. (Ex: Penicillin, Clindamycin)

*****If given other prescriptions at your consultation, please do not take those prescriptions until after surgery has been completed.*** After surgery Dr. Mahar will tell you when to start taking the medications prescribed. Then, follow the directions listed on the prescription bottle.

A RESPONSIBLE PERSON MUST ACCOMPANY YOU, REMAIN IN THE RECEPTION AREA AND TAKE YOU HOME.

Since every patient recovers at different rates depending on the type of surgery and health conditions, your driver may be in the reception area for 2+ hours. Please refrain from cell phone use in the reception area.

You **must NOT drive** a car or operate machinery for 24 hours after intravenous sedation or general anesthesia. It is also strongly recommended that a responsible person be with the patient at home the first day to assist them as they complete recovery from any anesthetics or sedation.

In addition:

1. **Do not have anything to eat or drink after midnight the night before.**
Water and black coffee are OK to consume.
2. Avoid the use of aspirin or aspirin products such as Anacin, Bufferin, or Alka-Seltzer, for at least three days prior to surgery; Tylenol is OK to use instead.
3. If you take medications regularly, you should take them with small sips of water at the regular time. Also, any additional medications, which might be prescribed to you by our office, should be taken with small sips of water as directed.
4. Wear comfortable, loose-fitting clothing with short sleeves or sleeves that can easily be rolled up above both elbows. **NO CELL PHONES IN OPERATORY!**
5. Do not wear jewelry, including any nose, mouth, tongue or other facial piercings or makeup, including nail polish or eye cosmetics. Please tie long hair back.
6. If you wear contact lenses, please remove them prior to your appointment.
7. No smoking the morning of surgery and preferably for at least one week afterwards.
8. Your mouth and teeth should be well cleansed to help avoid infection.
9. Do not ignore a head or chest cold when oral surgery is to be performed. Please call the office if you have any symptoms, as an appointment change may be necessary.
10. If you wear dentures, please do not use denture adhesive.

***Surgery may be rescheduled if any of the above is not in compliance!**

**AS A COURTESY TO OUR PATIENTS KINDLY GIVE US A
MINIMUM OF 48 BUSINESS HOURS NOTICE TO CANCEL OR
RESCHEDULE**